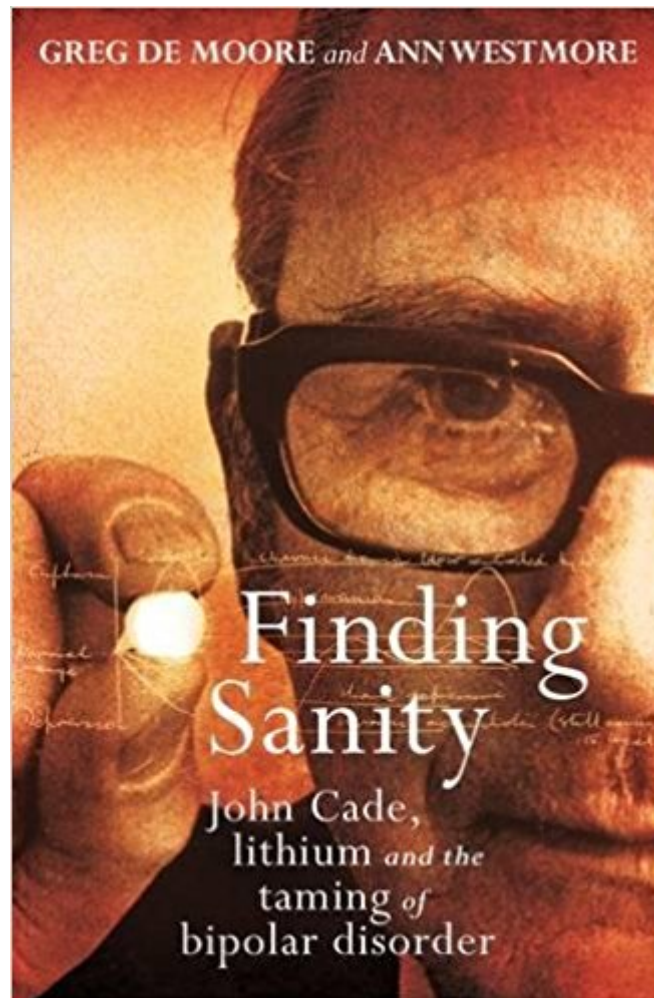


The book was found

Finding Sanity: John Cade, Lithium And The Taming Of Bipolar Disorder



Synopsis

In 1948, there was no medication for bipolar illness. Sufferers from the illness would live their lives – if they survived – in and out of asylums accumulating life's wreckage around them. But late in 1948 that changed, when an Australian doctor, John Cade, discovered a treatment that has become the gold standard for bipolar illness – lithium. John Cade changed the course of medicine with his discovery of lithium; yet today most doctors have never heard of his name. His discovery has stopped more people from committing suicide than a thousand help lines, yet few counselors know of him. And it has saved hundreds of billions of dollars in health care costs – enough to rival a nation's economy – but you can bet that no politician has the slightest idea of who John Cade was. Lithium is the penicillin story of mental health; the first effective medication discovered for the treatment of a mental illness; and a great story in the history of mental health.

Book Information

Paperback: 336 pages

Publisher: Allen & Unwin; Main edition (April 1, 2017)

Language: English

ISBN-10: 1760113700

ISBN-13: 978-1760113704

Product Dimensions: 6 x 1 x 9.5 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 3 customer reviews

Best Sellers Rank: #729,240 in Books (See Top 100 in Books) #172 in Books > Medical Books > Psychology > Psychopharmacology #192 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychopharmacology #294 in Books > Health, Fitness & Dieting > Mental Health > Bipolar

Customer Reviews

This is strong, thorough biographical writing, woven from multiple perspectives, humorous and fascinating. * Australian Book Review *

Greg de Moore is an Associate Professor of Psychiatry based at Sydney's Westmead Hospital. He is the author of Tom Wills, which was short-listed for and won numerous awards, including the National Biography Award. Ann Westmore is an Honorary Fellow in the Health

Humanities and Social Science Unit, School of Population and Global Health, the University of Melbourne.

I have postpartum bipolar/bipolar, peripartum onset and I take lithium; it has been a total lifesaver. I've always been curious about the doctor who discovered the use of lithium for bipolar disorder, so I was thrilled when I found out about this book. It was inspiring to learn about Dr. John Cade and the salt that has helped me have a full life again. The authors did an extremely thorough job of presenting Dr. Cade's life by researching & citing original source material, and interviewing his close living relatives. It's an excellent, high-quality book. Dyane Harwood, author, "Birth of a New Brain - Healing from Postpartum Bipolar Disorder" Member, International Society of Bipolar Disorders, Huffington Post Blogger foreword by Dr. Carol Henshaw (co-author of "The Modern Management of Perinatal Psychiatry") Post Hill Press, October 10, 2017

This is a well written, excellent story about the discovery of lithium's ability to control manic depression. Lithium was the first medication to be successfully used in mental health and dramatically improved mental asylums across the globe.

Loved it, so accurately real. His attitudes were decades ahead of his time and presented delightfully. Totally absorbing, May not be so gripping if you have not worked in medicine.

[Download to continue reading...](#)

Finding Sanity: John Cade, Lithium and the Taming of Bipolar Disorder Survival Strategies for Parenting Children with Bipolar Disorder: Innovative Parenting and Counseling Techniques for Helping Children with Bipolar Disorder and the Conditions that May Occur with It Lithium Metal Anodes and Rechargeable Lithium Metal Batteries (Springer Series in Materials Science) Electrolytes for Lithium and Lithium-Ion Batteries (Modern Aspects of Electrochemistry) Why Am I Still Depressed? Recognizing and Managing the Ups and Downs of Bipolar II and Soft Bipolar Disorder (NTC Self-Help) Bipolar Happens! 35 Tips and Tricks to Manage Bipolar Disorder Not Just Up and Down: Understanding Mood in Bipolar Disorder (The Bipolar Expert Series Book 1) Mindfulness for Bipolar Disorder: How Mindfulness and Neuroscience Can Help You Manage Your Bipolar Symptoms Break the Bipolar Cycle: A Day-by-Day Guide to Living with Bipolar Disorder Two Bipolar Chicks Guide To Survival: Tips for Living with Bipolar Disorder Beautiful Bipolar: A Book About Bipolar Disorder Back to Normal: Why Ordinary Childhood Behavior Is Mistaken for ADHD, Bipolar Disorder, and Autism Spectrum Disorder Heartsridge Shifters: Cade (South-One Bears Book

2) Disruptive Mood Dysregulation Disorder (DMDD), ADHD and the Bipolar Child Under DSM-5: A Concise Guide for Parents and Professionals Take Charge of Bipolar Disorder: A 4-Step Plan for You and Your Loved Ones to Manage the Illness and Create Lasting Stability Good Mood Bad Mood: Help and Hope for Depression and Bipolar Disorder The Bipolar II Disorder Workbook: Managing Recurring Depression, Hypomania, and Anxiety The Bipolar Disorder Survival Guide, Second Edition: What You and Your Family Need to Know Loving Someone with Bipolar Disorder: Understanding and Helping Your Partner (The New Harbinger Loving Someone Series) The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder, Third Edition

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)